























Allergens

Category	Item															
		Γλουτένη Gluten	Ψάρι Fish	Οστρακοειδή Shellfish	Οστρακόδερμο Crustacean	Αυγό Eggs	Γάλα Milk	Μουστάρδα Mustard	Σόγια Soya	Σουσάμι Sesame	Ξηροί Καρποί Nuts	Φιστίκια Peanuts	Λούπινα Lupins	Σέλερι Celery	Σουλφίτες Sulphite	
Brunch	English Breakfast	✓				✓	✓			✓						
	Kagianas	✓				✓				✓						
	Omelet					✓	✓									
	Club Sandwich	✓				✓	✓									
	French Baguette	✓				✓	✓			✓	✓	✓				
	The Greek Baguette	✓				✓	✓			✓	✓	✓				
	Greek Bowl						✓			✓	✓					
	Helathy Bowl	✓					✓			✓	✓				✓	
	Pancakes	✓				✓	✓				✓					
	Pancakes Speculous	✓				✓	✓									
	Crepes Choco Lovers	✓				✓	✓									
Breakfast	Buffet Breakfast	✓	✓			✓	✓			✓	✓	✓			✓	
	Bread	✓								✓	✓	✓				
	Butter Dip						✓									
	Dips						✓			✓	✓					
	Chocolate drink						✓									











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Signature	Baguette	✓								✓					
	Dip	✓					✓								
	Mushrooms Soup						✓								
	Salad La Terrasse	✓						✓		✓	✓	✓	✓		
	Camembert	✓				✓	✓								
	Shrimps in flavored crust	✓			✓										
	Sea-Bream fillet in Crust	✓	✓												
	Black Risotto		✓	✓	✓		✓								
	Lamb Special	✓						✓							
	Fillet Porto	✓					✓		✓						
	Pork steak fillet "Velvet"	✓							✓	✓	✓	✓	✓		
	Chocolate Soufflé	✓					✓	✓							
Mille-feuille	✓					✓	✓								

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Childrens Menu	Pasta Napoliten	✓													
	Pasta Bolognese	✓													
	Penne Quattro Formaggi	✓				✓	✓	✓							
	Sea-Bream fillet		✓				✓								
	Chicken fillet						✓								
	Schnitzel	✓				✓	✓								
Salads	La Terrasse						✓			✓	✓	✓			✓
	Primavera	✓					✓	✓		✓	✓	✓			
	Enavlion	✓						✓		✓	✓	✓			✓
	Caesars	✓	✓			✓	✓	✓							
	Greek Salad	✓					✓								
	Rukola						✓			✓					
Soups	Fish Soup		✓											✓	
	Vegetable Soup	✓					✓							✓	
	*All dishes are prepared	✓					✓								















*Όλα τα πιάτα παρασκευάζονται στον ίδιο χώρο και μπορεί να περιέχονται ίχνη από άλλα αλλεργιογόνα

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Bites from the farm	Tart	✓				✓	✓				✓	✓			✓	
	Camembert	✓				✓	✓			✓						
	Feta cheese in Honey	✓					✓			✓	✓	✓			✓	
	Burrata	✓					✓									
	Avocado						✓									
	Portobello Mushrooms	✓				✓	✓	✓		✓	✓					
	Stuffed Mushrooms	✓					✓									
	Pumpkin Sticks	✓					✓									
	Hand-cut potatoes															
	Olive salad dip						✓									
	Tyrosalata					✓	✓									
	Tzatziki						✓									
	Tarama						✓									
Aubergine dip						✓				✓	✓					
Bites from the Sea	Octopus		✓													
	Ceviche		✓							✓	✓	✓				
	Marinated Sardines		✓													
	Black Risotto		✓	✓	✓		✓		✓	✓						
	Mussels Baked	✓		✓	✓		✓	✓								
	Stuffed Shells	✓	✓	✓	✓	✓	✓									
	Aubergine with Shrimps			✓	✓		✓									✓















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Mama Cooks	Lamb Special	✓					✓	✓							
	Beef ragout	✓				✓	✓								✓
	Beef "Hunkar"	✓					✓								✓
	Mousaka	✓				✓	✓								
	Mousaka Vegeterian	✓				✓	✓								
Pasta Risotto	Forest Risotto						✓								
	Pappardelle Stroganoff	✓				✓	✓								
	Orzotto with Shrimps	✓	✓	✓	✓		✓								✓
	Linguini Marinara	✓	✓	✓	✓		✓								
	Lobster Spaghetti	✓			✓		✓								
Pizza	Enavlion	✓				✓	✓								
	Margarita	✓				✓	✓								
	Salami	✓				✓	✓								
	Formaggi	✓				✓	✓								















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Prime Cuts	Chateaubriand	✓					✓	✓	✓	✓	✓	✓			✓
	Rib Eye						✓								
	Bavette						✓								
	Maitre d'hotel						✓								
	Fillet Porto						✓		✓		✓	✓			✓
	Tagliata						✓								✓
	Souvlaki Beef	✓					✓								
	Jack Daniels Rib-Steak						✓	✓	✓						✓
Mountainous Rib-Steak	✓					✓									
Sauces	Xeres						✓								
	Jack Daniel's							✓	✓	✓					✓
Garnishes	Mashed potatoes						✓								
	Mashed sweet potatoes						✓								
	Smoked aubergine mousse	✓					✓								
	Hand cut potatoes fried														
	Sweet potatoes fried														















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Meat Lovers	Meat Variety "Enavlion"	✓					✓	✓										
	Local Lamb chops						✓											
	Caramelized pork belly						✓	✓	✓									
	Greek Burger	✓					✓	✓										
	Chops from Greek Black Pork	✓					✓											
	Pork Steak fillet in rich cheese	✓				✓	✓	✓										
	Pork steak fillet "Velvet"	✓							✓	✓	✓	✓					✓	
	Marinated in herbs chicken fillet						✓											
	Chicken fillets in Sweet and Sour							✓		✓	✓							
	Schnitzel	✓				✓	✓			✓	✓	✓						








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Seafood Selection	Seafood Variety Grilled	✓	✓	✓	✓		✓	✓								
	Seafood Variety Fried	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓				
	Shrimps in flavored crust	✓	✓		✓		✓			✓	✓	✓				✓
	Seafood Saganaki		✓	✓	✓		✓									✓
	Seafood in Cheese blend	✓		✓	✓	✓	✓	✓								
	Fresh Squid Grilled						✓	✓			✓	✓				
	Fried Squid Rolls		✓			✓		✓								
	Grilled Lobster Butterfly	✓			✓	✓	✓	✓		✓						
Fish Selection	Fricassee of Sea Bass fillet	✓	✓			✓	✓									
	Fish of the Day		✓				✓									
	Sea-Bream fillet in Crust	✓	✓				✓				✓	✓				
	Sword fish fillet	✓	✓				✓									

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Sweet Temptation	Tiramisu	✓				✓	✓								
	Exotic Paradise	✓				✓	✓				✓	✓			
	Walnut of Thasos					✓	✓				✓	✓			
	Pavlova					✓	✓								
	Μιλφέιγ	✓				✓	✓				✓	✓			
	Traditional Orange Pie	✓				✓	✓				✓	✓			
	Chocolate Soufflé	✓				✓	✓								
	Crepes Choco Lovers	✓				✓	✓								
	Baklava	✓				✓	✓				✓	✓			
Waffles	Black Forest	✓				✓	✓				✓	✓			
	Stracciatella vs Caramel	✓				✓	✓				✓	✓			
	Choco Banana	✓				✓	✓				✓	✓			
	Ice Dubai	✓				✓	✓				✓	✓			
Ice-Creams	Special						✓								
	Caramelomania						✓				✓	✓			
	Mixed						✓								
	Απλή μπάλα						✓								

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